



Serving the elderly
poor in Baltimore
since 1869.

Angela Conti and Marie McConnell pause for reflection in the gardens at St. Martin's.

Angela's Journey

I felt called to religious life off and on since my freshman year of college. When I came to work at St. Martin's, I was convinced I was going to enter another community. For months I ran away from the idea of becoming a Little Sister. I was telling God 'Yes,' but only if it was MY way. I was afraid He would call me to something I couldn't handle. One night God asked me to genuinely surrender everything. He showed me love is not easy. Love takes sacrifice. Before this happened I was comfortable with MY plans. Then I realized it's not supposed to be about me. God was calling me to something much greater: a life of pure charity. Once I embraced that, I

felt at home. What I admire most about the Little Sisters is the dignity they show the human person, especially when that person is most vulnerable in their final breaths. It is a beautiful life of compassion that I cannot wait to be a part of more.

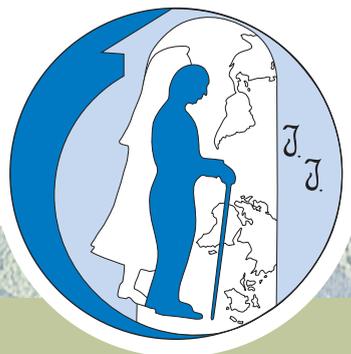
The Year of Consecrated Life theme calls us to "Wake Up the World." Within my group of friends I know of at least five other young women who have made the decision to enter religious life. The world is waking up! As I prepare to enter this year, I feel a part of something great. Thank you to all who have supported me on this journey. God is love and love is worth it.

OUR MISSION

Continuing the work of Saint Jeanne Jugan, our mission is to offer the neediest elderly of every race and religion a home where they will be welcomed as Christ, cared for as family and accompanied with dignity until God calls them to himself.

OUR VALUES

- Reverence
- Family Spirit
- Humble Service
- Compassion
- Stewardship



"As young women, we want to be loved. We want to be successful, to be recognized for our accomplishments. We want to make a difference. What if I told you that true happiness lies in making others happy? That greatness is found in littleness?" Becoming a Little Sister of the Poor... please watch LOVE SERVES at www.littlesistersofthepoor.org (Love Serves: Our Vocation). For additional information, contact Sister Lourdes Marie at 410-744-9367.

Little Sisters of the Poor



Mother Provincial Loraine and Archbishop Lori.

Archbishop Lori on the Joy of Believing

On Holy Saturday, Archbishop William E. Lori visited with the Little Sisters and presented them with signed copies of his first book, "The Joy of Believing: A Practical Guide to the Catholic Faith." The Archbishop is a wonderful friend to St. Martin's and visits with the Little Sisters and the Residents regularly.

Taken from a series of articles Archbishop Lori wrote for Columbia, the Knights of Columbus magazine, the book includes reflections and questions after each chapter. The flipside on Pope Francis' first encyclical, "The Joy of the

Gospel," this book is about our joy in knowing and loving the Lord.

"The Joy of Believing" provokes questions and encourages a search for answers. This beautifully written book on the wonder of our faith encourages living Catholicism through walking with Jesus.

Covering the Creed, the liturgy, the seven sacraments, the Ten Commandments, and prayer, "The Joy of Believing: A Practical Guide to the Catholic Faith" is a great book club or summer read and is available on the archdiocesan website www.archbalt.org.



Residents Ed Pribyl and Catherine Neubauer with Daisy.



We welcome Sister Alphonse, Sister Bernadette and Sister Cecilia to our St. Martin's family!

St. Martin's Family Welcomes Newcomers

As many of our friends are aware, last year we made the difficult decision to leave the Cleveland area, transferring ownership of our home there to Altercare at Saint Joseph Center, Inc. Since then our St. Martin's Home community has happily welcomed three Little Sisters and another "member of the family" from our Cleveland home.

Sr. Cecilia Mary was first to arrive, and after serving as a local superior and administrator in numerous homes over the years, she is

now happy to be in the direct service of the Residents. Sr. Alphonse Marie is not new to St. Martin's, since she lived here in the 1970's, when she was responsible for the nursing program and the formation of our postulants. She also established the Publications Office and was the first editor of Serenity magazine.

Sr. Bernadette Mary, also an experienced director of nursing, arrived recently with a "friend" in tow. Daisy, a three year-old Havanese, immediately found a place in the

hearts of our Residents.

Sister Bernadette explained that Residents in Cleveland asked for a dog several years ago and their wish arrived Christmas Eve through the support of two generous benefactors. Daisy is accepting of hugs, kisses and treats, and is quickly becoming acclimated to St. Martin's. She has a special sense of knowing when Residents seem lonely or are in need of a friend and readily offers her companionship to one and all.

Words of Wisdom

Isabel Lugo recently made the transition from living in her own home to Assisted Living at St. Martin's. Knowing her children were concerned for her, not being able to drive and not being able to attend church were strong factors in her decision to make the move. She feels her faith led her here and said, "I feel a calmness. I am at peace. The move has been a beautiful experience and what the Lord has done for me is unbelievable." Isabel is comforted knowing staff is always available and she loves attending daily Mass. When asked of her acceptance of the aging process, Isabel, 77, said she feels 30! She said, "Don't waste time

thinking about getting older!" Isabel's words of wisdom to others: "Family and faith are the center of everything! Without those, you are lost."

The desire to be more "Christ-centered" led Josephine Hollingshead to St. Martin's. She loves "the faith based life she and other Residents have, loves her room, attending Mass every day, and meeting new friends." Josephine's words of wisdom: "It doesn't pay to hold resentments – let them go!" She also said, "Make time for God and if you have children, talk enthusiastically about God – and your children will feel the same!"



Resident Lil Calendar and Sister Janette share life stories.

The Wisdom of the Elderly

Three Residents of St. Martin's Home are centenarians and 23 Residents are in their 90's. Pope Francis, quoting Pope Benedict, wrote, "The elderly are a wealth not to be ignored; attention to the elderly makes the difference in a civilization. This civilization will move forward if it knows how to respect wisdom, the wisdom of the elderly." What an opportunity we have here to discover what our elders can teach us!

Chessa Taboada started volunteering as a requirement for an Occupational Therapy degree. She finished her required volunteer service months ago yet continues volunteering. Chessa acknowledges it's sometimes hard to communicate with Residents. Often communication is through gentle touch, smiles of assurance and not through words, but Chessa feels she is learning a great deal. She said, "I treat the Residents as I like to be treated – with respect and patience. The Residents appreciate every little thing and I try to live that way."



Volunteer Chessa Taboada welcomes Josephine Hollingshead to St. Martin's.

Boston University students spent their 2015 alternative spring break at St. Martin's and gained insight into working with the elderly. Dagny Barclay said, "Spending time with the Residents during activities and meal times was truly a gift. I learned life doesn't have to be fast-paced and hectic to be worthwhile and enjoyable."

A volunteer since 2000, Mary Lou Milstead says, "I am overwhelmed with the joy found on the faces of the Residents! Their happiness keeps me coming back to St. Martin's Home."

"Happiness resides in the smile of others and small things DO matter; the Residents and Little Sisters taught me 'how to serve.'" –Kriti Singhvi (Boston University student, Alternative Spring Break 2015)

Her experience with our Residents and Little Sisters makes Mary Lou much more optimistic about the aging process, developing an attitude similar to many of our Residents: "there's nothing you can't do"!

A Simple Note



Dear Friends of the Little Sisters,

The summer of 2015 brings with it the first anniversary of my arrival at St. Martin's Home. The warm welcome I received on my first day assured me that the spirit of St. Jeanne Jugan is truly alive in the hearts and minds of the Residents, their families and all who assist us in our ministry here. So much has happened during this past year in the Home, meeting many of you at our Special events: the Nun Run, the Gala & then celebrating the Holidays with families and friends, has made the time pass so quickly. Another major part of these past months has been the construction work on the Chapel, Convent and Postulate which is making great progress and we have hope of being ready for the great "Move in" here in August. We look forward to Celebrating the Dedication of these areas soon.

As our Renovations continue into the next Phase, it is always a great privilege for us to serve Christ in our dear residents with love and compassion. They, in turn, continue to courageously affirm and defend the beauty, the purpose, and the sacredness of all human life from conception to natural death, by their witness and acceptance of the Lord's plan for them during this stage of their lives.

We want to make the dream of vibrancy, life, and dignity for our Residents a reality. The latter years of life are meant to be rewarding, filled with purpose and nurturing. They should be overflowing with the beauty of nature, the joy of companionship, love of family and – above all – a special closeness to God. At St. Martin's, we endeavor to make this a special place for our Residents and we truly appreciate your kindness, generosity and support so that we can truly make this the best possible Home for them. May the Lord grant you a safe and happy summer for you and your family.

Sister Joseph Caroline

AJJ Installation

On April 26, 2015 Pat Regan, Tessy and Rose Kunnappallil made their promise as Association Jeanne Jugan members for the first time. The other members then renewed their yearly commitment, promising to "serve God in the elderly with joy and love, by following the example of humility and confidence left to us by Jeanne Jugan." Each of our members radiates this joy and love in their service to our Residents.



Pat Regan, Rose and Tessy Kunnappallil are welcomed to Association Jeanne Jugan.

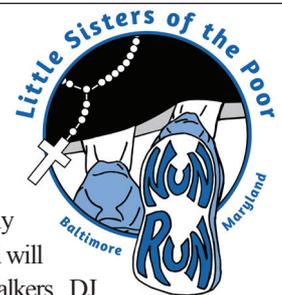
Save the Dates!

2015 Nun Run

Saturday, September 12 | 8 a.m. start

Runners and walkers are signing up to participate in our 2nd Annual Nun Run! Ask friends, family and co-workers to join us at this family friendly event! After a warm-up with Roxanne from Brick Bodies, the Oriole Bird will start the 5K run at 8:00 am followed by 5K walkers, 1 mile runners and walkers. DJ

Ray Derr will provide entertainment and Bobalouie, professional clown, will join us in his running gear prepared to entertain! Refreshments available! Be sure to register and include your parish or school. The parish with the most runners/walkers receives the **PARISH PRIDE** trophy and the school with the most runners/walkers receives the **FLYING NUN** trophy to place in their trophy case for a year. If you can't join us, please consider a donation to the Nun Run or sign up as a Virtual Runner joining runners from all over the country! Visit www.charmcityrun.com to register and for additional information. Register early to guarantee an Under Armour t-shirt! Follow us on our website or at www.facebook.com/TheNunRunBaltimore. **RUN FOR THE NUNS!**



Celebrating the Gift

Saturday, November 14 | 7-11 p.m.

Please join the Little Sisters at our 11th Gala! The popular "Celebrity Chef" event is Saturday, November 14, 2015, 7:00 – 11:00 p.m. at the newly renovated Sheraton Baltimore North, 903 Dulany Valley Road, Towson. Father Patrick Carrion agreed to defend his 2014 title of top "Celebrity Chef." Vying for the most "tips" to claim the 2015 title are: Fr. Andrew DeFusco, Msgr. Rick Hilgartner and Fr. John Williamson.

Ticket prices are \$150 per guest / \$1,500 for a reserved table of 10 guests / \$3,000 for a Jeanne Jugan sponsorship for a reserved table of 8 guests. Visit our website www.littlesistersofthepoorbaltimore.org and follow the GALA prompts for ticket, table and sponsorship information.

Included in this newsletter are raffle tickets with proceeds benefitting the Winter Fuel Fund. Last year's winner won over \$12,000. Take a chance! Call Carol Small, 410-744-9367 ext. 126, for more information.