



Little Sisters of the Poor

From a humble heart, a great wave of charity
www.littlesistersofthepoorbaltimore.org
Celebrating 150 years in America

St. Martin's Home
601 Maiden Choice Lane
Baltimore, Maryland 21228
Phone: 410/744-9367

September 25, 2020

To: All family members of a current Resident at St. Martin's and to our friends,

As we enter the fall season, we see the days shorten and the winter chill beginning to show itself, along with the beautiful color of the changing leaves. We remain safe as this week's round of testing has all come back negative. We continue to thank the Lord for watching over us and keeping everyone safe.

There are strong recommendations from the Health Department, CDC and CMS regarding the upcoming flu season across the country, putting all of us at risk even as we fight against COVID-19. During these last 2 weeks the Little Sisters, Residents and staff have received the flu vaccine so as to have an added layer of protection against illness as the seasons change. We are strongly encouraging all of our staff to take the flu vaccine as a preventive measure and we ask that you be vigilant, and if recommended by your doctor, that you get the flu vaccine also. Together let us do all we can to flatten the curve for the flu and COVID-19

Since we have had no positive cases within the past 2 weeks, we are able to start outdoor visits with 1 or 2 family members per visit for each Resident. If you are interested, please call and schedule a visit with Danielle or Nikki in Activities for the outdoor visit. And if you have not signed the Outdoor Visit policy please let them know when you call to schedule the outdoor visit.

Safety measures are still in place, including the following:

- Screening upon arrival for the visit
- Appropriate hand hygiene for at least 20 seconds prior to visit and afterwards
- Either washing hands or use of an alcohol-based hand sanitizer
- Wearing a mask at all times during the visit
- Keeping 6 feet distance
- Stay home if you are ill and reschedule visit
- Avoid touching your eyes, nose and mouth and cover your cough or sneeze with a tissue

If you prefer, you can stay connected with your loved one through cell phone, FaceTime, Skype, Zoom or window visits with the window closed. Letters and cards to Residents from family and friends are also encouraged.

Our Residents are our family as well as yours, and we will continue every day to strive for excellence in their safety, health, quality of life and keeping them connected. We know these are difficult times for all of us but let us stay positive for we know in Whom we have placed our trust. May God continue to bless you and your family. The Little Sisters pray for you daily.

Most sincerely,

Sister Joseph Caroline

Mother Joseph Caroline, I.s.p.



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