



**Little Sisters of the Poor**

Caring for the Elderly Poor throughout the World  
www.littlesistersofthepoorbaltimore.org

St. Martin's Home  
601 Maiden Choice Lane  
Baltimore, Maryland 21228-3698  
Phone: 410/744-9367  
Fax: 410/747-0835

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November 12, 2021

To: All family members of a current Resident of St. Martin's and to our friends,

At St. Martin's, we strive to keep the lines of communication open with our Residents and their loved ones. We hope that by sharing these weekly messages with you, we are able to alleviate some of the anxiety you may be experiencing. I want to assure you that we are vigilant in caring for each Resident.

I'm very pleased to report again this week that all testing of unvaccinated staff is negative. However, until we reach 100% vaccination rate, we will continue to test twice weekly. This is to ensure that our beloved Residents are being kept safe.

The holidays are quickly approaching and it may be a good time to plan your visits in advance. As people age, your visits become more and more important to them. If you live far enough away that you can only see your loved one once a month (or less frequently), the time you spend together will be even more valuable. Make sure you set aside quality time each visit to have the kinds of conversations you don't have over the phone. Talk about old times. Sharing your favorite memories will bring you closer together and make them look back fondly on the happy moments in their life.

Your loved one would also like to catch up. Simply chat about the things you've both been up to since your last visit. Residents love to hear what you have going on in your life and will appreciate your interest in what they've been doing. If you have some updated photos of family members and friends, specifically people they don't get to see often, bring those with you. Also bring photos from recent vacations, business trips or a show you attended. It's the little things your loved one wants you to share with them.

Please remember to schedule your visit with either Danielle or Nikki in Activities. And we still ask that you wear your mask when entering St. Martin's and sign in on our kiosk which will also take your temperature. If you are vaccinated and meeting in the Resident's room, you may remove your mask when you enter that room. If you are not vaccinated, you will need to wear your mask for the entire visit and you will meet in Main Street. Danielle and Nikki will help you navigate your visit.

The Little Sisters, the Residents and the staff pray for you daily and we ask that you remember us in your prayers.

Most sincerely,

Sister Jeanne Mary, I.S.P.  
Superior